

State of New Hampshire Department of Health and Human Services

Division for Behavioral Health
Presented to Senate Finance
May 3, 2021
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Mission

To join communities and families in providing opportunities for citizens to achieve health and independence

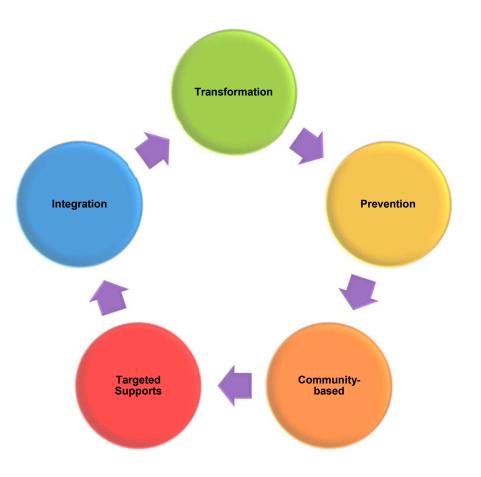
- To meet the **health needs** of New Hampshire citizens
- To meet the basic human needs of our citizens
- To provide treatment and support services to those who have unique needs including disabilities, mental illness, special health care needs or substance misuse
- To protect and care for New Hampshire's' most vulnerable citizens



DBH: SCOPE, FOCUS AND APPROACH

Stakeholder-infused mental health and substance misuse guides:

- 10 Year Mental Health Plan (2019)
- System of Care (RSA 135-F, SB 14)
- Governor's Commission on Alcohol and Other Drugs Strategic Plan (2019-2022)





BUREAU FOR CHILDREN'S BEHAVIORAL HEALTH

- BCBH was created 5 years ago. Working to develop the system of children's behavioral health services that address needs across all ages, stages of development and at all levels of care.
- Offers programs that support and treat the child, youth, young adults and their families.
- Aligns all services and practices with the System of Care values within RSA 135-F.
- Works with 4 major provider groups: 10 CMHCs, 12 Residential treatment providers, 2 Care Management Entities and 1 Acute psychiatric hospital, all of which provide treatment and support.
- Expanding services and supports to address service gaps.







NH'S ENVISIONED CHILDREN'S MENTAL HEALTH System of Care





Screening, assessment and treatment services

- All ages screening and assessment by PCP, Early Intervention, schools
- Individual, group and family therapies through independent provider networks

Community-Based Treatment, Care and Support

- Community Mental
 Health Centers: 4 Levels
 of Care including case
 management,
 medication
 management and
 school and
 employment supports,
 and community based
 supports.
- Federally Qualified Health Centers: Provides Medical and Behavioral Health care and treatment.

Intensive home and Community based services and supports:

- Care Management Entity for: FAST Forward Program: intensive supports, Peer Support and Residential and Psychiatric oversight and transition support
- Therapeutic Day treatment or Partial Hospital programming
- Infant and early childhood intensive programming

Residential Treatment

5 levels of care
ranging from most
intensive: Psychiatric
Residential Treatment
Facility to Least
intensive: Therapeutic
Housing and
Supported
Independent Living
environments.
Requires
a standardized
assessment to
determine medical

necessity and Level of

Care.

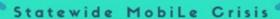
Tiers 3-5 provide

Psychiatric

Hospitalization

enhanced care coordination and oversight

Statewide MobiLe Crisis





BUREAU OF MENTAL HEALTH SERVICES

The BMHS seeks to promote respect, recovery, and full community inclusion for adults who experience a mental illness.

The BMHS provides oversight, guidance, technical assistance, training and monitoring for mental health providers statewide to ensure that services are high quality, comprehensive and evidenced-based.

The BMHS ensures the full continuum of recovery-oriented mental health services are available to State-eligible adults who experience a mental illness and/or a co-occurring mental illness and substance use disorder(s).





NH Department of Health and Human Services

NH 9-8-8 Comprehensive Crisis Response



24/7 Crisis Call

Center

(someone to talk to)



Mobile Outreach (someone to respond)

10 CMHCs with Emergency Department based access. 3 Mobile Crisis Teams for adults in mental health crisis in urban regions



Crisis Stabilization Services (somewhere to go)

CRISIS RESPONSE THAT IS

available to children and adults

integrated mental health and substance use disorder care

significant use of peer staff
recovery oriented
trauma-informed
a commitment to Zero Suicide/Suicide Safer Care
strong commitments to safety for consumers and staff

Existing Services Multiple #s (10 CMHCs with multiple emergency services #s, MCRT phone #s, 211, Headrest, Doorways)

1 Crisis Treatment Center in Concord

10 CMHCs with limited

walk in Emergency

Services capability

10 CMHCs with office-based stabilization services

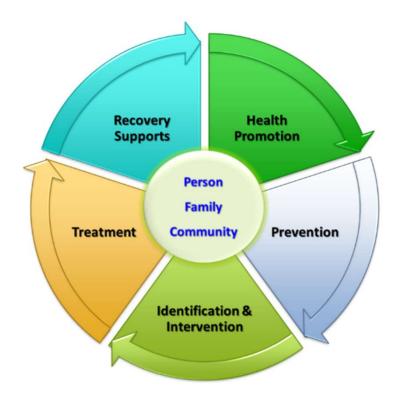
Future Vision

1 statewide phone number (screen calls, complete initial assessments, triage, deploy mobile response when appropriate, & provide information & referral services)

Statewide mobile response teams across the lifespan. ED contact becomes the exception for crisis response Location based approach in every region; capacity for walk-in stabilization & peer living room models; serves as drop-off location for first responders Follow-up phone contact with all who interact with the crisis system. In home & out of home options for brief stabilization services after the crisis response.

BDAS's mission is to join individuals, families and communities in reducing alcohol and other drug problems thereby increasing opportunities for citizens to achieve health and independence. We do this through many avenues, including:

- Prevention and education;
- Surveillance;
- Crisis intervention;
- Increasing awareness of and access to treatment;
- A complete continuum of treatment services;
- Impaired driving services (at no cost to the state);
- Supporting recovery community organizations, recovery housing, and family support services; and
- Training and technical assistance for providers.







Housing market/housing availability

Transformation versus expansion

Addressing urgent needs while standing up new programs and systems



Budget Overview: Activity 9200, 9205, 9210 & 9220

| | SFY2020 Actual | SFY2021 Adjusted Authorized | SFY2022 Governor Budget | SFY2022 House Budget | SFY2023 Governor Budget | SFY2023 House Budget | SFY 2022/23 Total Requested Changes* |
|--|-------------------|------------------------------------|-------------------------------|----------------------------|-------------------------------|----------------------------|---|
| Activity 9200: Operations | | | | | | | |
| General Funds | 355,062 | 544,690 | 601,885 | 601,885 | 638,882 | 638,882 | |
| TOTAL FUNDS | 7,599,144 | 9,434,482 | 9,665,851 | 9,665851 | 9,721,409 | 9,721,409 | |
| Activity 9205: Drug and Alcohol Services | | | | | | | |
| General Funds | 2,284,951 | 3,723,133 | 4,243,407 | 4,243,407 | 4,200,929 | 4,200,928 | |
| TOTAL FUNDS | 37,961,332 | 28,796,579 | 50,597,269 | 50,597,269 | 50,758,224 | 50,758,224 | |
| Activity 9210: Children's Behavioral Health | | | | | | | |
| General Funds | 1,508,456 | 13,095,074 | 13,649,749 | 9,649,746 | 14,383,035 | 10,383,035 | \$1,458,442 |
| TOTAL FUNDS | 2,923,516 | 14,862,193 | 15,741,294 | 11,741,294 | 16,330,790 | 12,330,790 | \$2,042,678 |
| Activity 9220: Mental Health Services | | | | | | | |
| General Funds | 20,651,795 | 31,982,783 | 34,952,978 | 38,952,978 | 34,963,561 | 38,963,561 | \$6,806,321 |
| TOTAL FUNDS | 26,445,322 | 38,159,793 | 40,051,740 | 44,051,740 | 40,047,722 | 44,047,722 | \$11,319,280 |
| *Detail on following slides | | | | | | | |



Requested Changes to House Budget

| Children's Behavioral Health | SFY 22 Federal | SFY 22 Other | SFY 22 General | SFY 23 Federal | SFY 23 Other | SFY 23 General |
|---|-------------------|-----------------|-------------------|-------------------|-----------------|-------------------|
| Additional funds provided by Department of Education for support of Community Mental Health Centers (15A) | | \$292,118 | | | \$292,118 | |
| Funding required to implement Mobile Crisis Response Teams (4N) | | | | | | \$1,458,442 |



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Requested Changes to House Budget

| Mental Health Services | SFY 22 Federal | SFY 22 Other | SFY 22 General | SFY 23 Federal | SFY 23 Other | SFY 23 General |
|---|-------------------|-----------------|-------------------|-------------------|-----------------|-------------------|
| Additional funds provided by Department of Education for support of Community Mental Health Centers (16A) | | \$800,000 | | | \$800,000 | |
| Funding required to implement Mobile Crisis Response Teams (5N) | | | \$859,325 | | | \$2,916,883 |
| Funding for Mental Health Stabilization (6G) | | | \$1,500,000 | | | \$1,500,000 |
| Funding for Additional Guardianship slots (6N) | | | | | | \$30,113 |
| Add'l MH Block Grant funding (17A) | \$2,912,959 | | | | | |

