

CONSENT CALENDAR

March 7, 2022

HOUSE OF REPRESENTATIVES

REPORT OF COMMITTEE

**The Committee on Health, Human Services and Elderly
Affairs to which was referred HB 1345,**

**AN ACT relative to the release of a teenager's medical
records to a parent or guardian. Having considered the
same, report the same with the following amendment,
and the recommendation that the bill OUGHT TO PASS
WITH AMENDMENT.**

Rep. Betty Gay

FOR THE COMMITTEE

COMMITTEE REPORT

Committee:	Health, Human Services and Elderly Affairs
Bill Number:	HB 1345
Title:	relative to the release of a teenager's medical records to a parent or guardian.
Date:	March 7, 2022
Consent Calendar:	CONSENT
Recommendation:	OUGHT TO PASS WITH AMENDMENT 2022-0668h

STATEMENT OF INTENT

Current law allows medical providers to deny parents with teenagers over the age of thirteen access to their medical records without a release from that minor child. There are already RSAs that specifically require a teen's release for the records of treatment where the medical practitioner fears for the safety of the child, so this sweeping requirement for release of all records is an unnecessary burden for the parents as well as the providers. Federal HIPAA laws that specify releases for teen medical records also have to be considered in any bill. This resulting amended bill provides parents unencumbered access to all of their teens' medical records except for those directed by Federal or specific state statute to require a release by the teen child.

Vote 21-0.

Rep. Betty Gay
FOR THE COMMITTEE

Original: House Clerk
Cc: Committee Bill File

CONSENT CALENDAR

Health, Human Services and Elderly Affairs

HB 1345, relative to the release of a teenager's medical records to a parent or guardian. **OUGHT TO PASS WITH AMENDMENT.**

Rep. Betty Gay for Health, Human Services and Elderly Affairs. Current law allows medical providers to deny parents with teenagers over the age of thirteen access to their medical records without a release from that minor child. There are already RSAs that specifically require a teen's release for the records of treatment where the medical practitioner fears for the safety of the child, so this sweeping requirement for release of all records is an unnecessary burden for the parents as well as the providers. Federal HIPAA laws that specify releases for teen medical records also have to be considered in any bill. This resulting amended bill provides parents unencumbered access to all of their teens' medical records except for those directed by Federal or specific state statute to require a release by the teen child. **Vote 21-0.**

Original: House Clerk

Cc: Committee Bill File

Amendment to HB 1345

1 Amend the bill by replacing all after the enacting clause with the following:

2

3 1 New Section; Release of a Minor's Medical Records to a Parent or Guardian. Amend RSA 332-
4 I by inserting after section 4 the following new section:

5 332-I:4-a Release of a Minor's Medical Records to a Parent or Guardian. A minor's parent or
6 legal guardian shall have access to a minor's medical record unless:

7 I. Consent from the parent or legal guardian is not required for the minor to receive the
8 medical care or treatment, as directed by federal or specific state law. In such cases, the minor may
9 provide specific, written consent for release of the medical records to the parent or legal guardian.

10 II. The health care provider reasonably believes, in his or her professional judgment, that
11 the child has been or may be subjected to domestic violence, abuse or neglect, and that release of the
12 medical records to the parent or guardian could endanger the child.

13 2 Effective Date. This act shall take effect 60 days after its passage.

STATE OF NEW HAMPSHIRE
OFFICE OF THE HOUSE CLERK



9/28/2021 11:15:01 AM
Roll Call Committee Registers
Report

2022 SESSION

Health, Human Services and Elderly Affairs

Bill #: HB1345 **Motion:** OTPA **AM #:** 2022-0668h **Exec Session Date:** 3/7/2022

<u>Members</u>	<u>YEAS</u>	<u>Nays</u>	<u>NV</u>
Pearson, Mark A. Chairman	Y		
Layon, Erica J. Vice Chairman	Y		
McMahon, Charles E.	Y		
Acton, Dennis F.	Y		
Gay, Betty I.	Y		
Cushman, Leah P.	Y		
Folsom, Beth A. Clerk	Y		
Kelsey, Niki	Y		
King, Bill C.	Y		
Kofalt, Jim	Y		
DeLemus, Susan	Y		
Weber, Lucy M.	Y		
Mackay, James R. Rep. Freitas	Y		
Snow, Kendall A.	Y		
Knirk, Jerry L.	Y		
Salloway, Jeffrey C. Rep Query	Y		
Cannon, Gerri D.	Y		
Nutter-Upham, Frances E.	Y		
Schapiro, Joe	Y		
Woods, Gary L.	Y		
Merchant, Gary	Y		
TOTAL VOTE:	21	0	

STATE OF NEW HAMPSHIRE
OFFICE OF THE HOUSE CLERK



9/28/2021 11:15:01 AM
Roll Call Committee Registers
Report

2022 SESSION

Health, Human Services and Elderly Affairs

Bill #: HB1345 **Motion:** _____ **AM #:** 2022-0668h **Exec Session Date:** 3/7/2022

<u>Members</u>	<u>YEAS</u>	<u>Nays</u>	<u>NV</u>
Pearson, Mark A. Chairman	Y		
Layon, Erica J. Vice Chairman	Y		
McMahon, Charles E.	Y		
Acton, Dennis F.	Y		
Gay, Betty I.	Y		
Cushman, Leah P.	Y		
Folsom, Beth A. Clerk	Y		
Kelsey, Niki	Y		
King, Bill C.	Y		
Kofalt, Jim	Y		
DeLemus, Susan	Y		
Weber, Lucy M.	Y		
Mackay, James R. Rep. Freitas	Y		
Snow, Kendall A.	Y		
Knirk, Jerry L.	Y		
Salloway, Jeffrey C. Rep Query	Y		
Cannon, Gerri D.	Y		
Nutter-Upham, Frances E.	Y		
Schapiro, Joe	Y		
Woods, Gary L.	Y		
Merchant, Gary	Y		
TOTAL VOTE:	21	0	

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10 II. The health care provider reasonably believes, in his or her professional judgment, that
11 the child has been or may be subjected to domestic violence, abuse or neglect, and that release of the
12 medical records to the parent or guardian could endanger the child.

13 2 Effective Date. This act shall take effect 60 days after its passage.

HOUSE COMMITTEE ON HEALTH, HUMAN SERVICES AND ELDERLY AFFAIRS

PUBLIC HEARING on Bill # 1345

BILL TITLE: An Act relative to the release of a teenager's medical records to a parent or guardian.

DATE: 02/18/2022

ROOM: LOB 210-11

Time Public Hearing Called to Order: 1:45pm

Time Adjourned: 2:10pm

Committee Members: Reps. M. Pearson, Layon, Folsom, Acton, Cushman, Kelsey, B. King, Kofalt, MacKay, DeLemus, Wallner, Knirk, Salloway, Cannon, Schapiro, Woods and Merchant, Query

TESTIMONY

Representative Kofalt - introduced the bill

- concerns with language "reasonably believes"
- contentious/divorce situations
- school situations have different rules than Hppa

Shannon McGinley,

- Personal experience of being denied her children's records based upon NH state law
- parents need to always have the overall picture of their children's health when new issues emerge.

***Paula Minnehan, opposed, Written testimony submitted,**

- "Confidential communications"
- parents at risk of not having enough background health knowledge

Respectfully submitted,

Rep. Beth Folsom, Clerk

House Remote Testify

Health, Human Services and Elderly Affairs Committee Testify List for Bill HB1345 on 2022-01-18

Support: 16 Oppose: 3 Neutral: 0 Total to Testify: 0

Export to Excel

<u>Name</u>	<u>City, State</u> <u>Email Address</u>	<u>Title</u>	<u>Representing</u>	<u>Position</u>	<u>Testifying</u>	<u>Non-Germane</u>	<u>Signed Up</u>
Sullivan, Alexandra	Merrimack, NH Alexmarysullivan@gmail.com	A Member of the Public	Myself	Support	No	No	1/16/2022 8:17 PM
McGinley, Shannon	Bedford, NH smcginley@nhcornerstone.org	A Lobbyist	Cornerstone Action (as a volunteer lobbyist)	Support	No	No	1/17/2022 7:53 AM
Jasina, Erin	Portsmouth, NH ejasina@nhla.org	A Lobbyist	New Hampshire Legal Assistance	Oppose	No	No	1/17/2022 9:43 AM
Mackie, Danielle	Nashua, NH Daniellenuzzo70@gmail.com	A Member of the Public	Myself	Support	No	No	1/17/2022 9:59 AM
Gould, Rep. Linda	Bedford, NH lgouldr@myfairpoint.net	An Elected Official	Myself	Support	No	No	1/17/2022 11:01 AM
Baberadt, Jeanine	Manchester, NH jeanib333@yahoo.com	A Member of the Public	Myself	Support	No	No	1/17/2022 11:25 AM
Murphy, Hon. Nancy A	Merrimack, NH murphy.nancya@gmail.com	A Member of the Public	Myself	Support	No	No	1/17/2022 1:18 PM
Colquhoun, Laura	Nashua, NH lauracolquhoun2@gmail.com	A Member of the Public	Myself	Support	No	No	1/17/2022 2:25 PM
Kepich, Jenna	Manchester, NH jkepich@gmail.com	A Member of the Public	Myself	Support	No	No	1/17/2022 3:39 PM
Petrusewicz, Carol	rochester, NH clmcc2befree@yahoo.com	A Member of the Public	Myself	Oppose	No	No	1/17/2022 9:14 PM
Martin, Andrea	Sandwich, NH andi_t_martin@hotmail.com	A Member of the Public	Myself	Support	No	No	1/17/2022 10:56 PM
Tavanyar, Yvonne	Nashua, NH ytavanyar@yahoo.com	A Member of the Public	Myself	Support	No	No	1/17/2022 11:33 PM
Cembalisty, Clara	Rochester, NH Cqsc43@gmail.com	A Member of the Public	Myself	Support	No	No	1/18/2022 12:16 AM

Cembalisty, Richard	Rochester, NH taxmanrick@gmail.com	A Member of the Public	Myself	Support	No	No	1/18/2022 12:16 AM
Richardson, Daniel	Nashua, NH daniel6_22@comcast.net	A Member of the Public	Myself	Support	No	No	1/18/2022 1:14 AM
Hayes, Randy	Canterbury, NH rcompostr@gmail.com	A Member of the Public	Myself	Oppose	No	No	1/18/2022 7:07 AM
Greene, Bob	Hudson, NH Bob.Greene@leg.state.nh.us	An Elected Official	Myself	Support	No	No	1/18/2022 8:17 AM
wuelper, kurt	strafford, NH kurt.wuelper@leg.state.nh.us	An Elected Official	Myself	Support	No	No	1/18/2022 12:19 PM
Cantwell, Kara	NASHUA, NH kara.cantwell8@gmail.com	A Member of the Public	Myself	Support	No	No	1/18/2022 4:08 PM

Archived: Friday, January 28, 2022 11:14:19 AM

From: Paula Minnehan

Sent: Friday, January 21, 2022 6:17:06 PM

To: ~House Health Human Services and Elderly Affairs

Subject: Follow up on HB 1345 Relative to the Release of a Teenager's Medical Records to a Parent or Guardian

Importance: Normal

Attachments:

HB 1345 Testimony 01182022 FINAL.pdf ;

Good Afternoon Mr. Chairman and Members of the House Health, Human Services and Elderly Affairs Committee,

Regarding HB 1345 – during the hearing on Tuesday I was asked if, regarding “confidential communications” is the patient’s electronic medical record is shared with anyone.

- The response I received from the Health Information Management Directors is that – Confidential communication in a minor’s record can be released with the minor’s authorization to designated parties.
- I also wanted to share the charts regarding Confidentiality Laws for Minors for your review – see below.

Thank you, Paula

TABLE 2: NEW HAMPSHIRE & FEDERAL CONFIDENTIALITY LAWS FOR MINORS*

New Hampshire Confidentiality Laws for Minors†		
	Scope of Protection/Limitations	Citations
STD diagnosis & treatment	Physician may diagnose, treat or prescribe for treatment of sexually transmitted diseases in a minor age 14 or older without knowledge or consent of parent or guardian	N.H. Rev. Stat. Ann. § 141-C:18
HIV test results	HIV test results shall be disclosed to the person who was tested. Such person shall be provided with appropriate counseling at the time of notification; if person with HIV positive test result is under age 18, the physician or person authorized by physician may disclose test results to a parent or legal guardian	N.H. Rev. Stat. Ann. § 141-F:7
Mental health information – disclosure to family member	Treatment information regarding seriously or chronically mentally ill person receiving services from community mental health program or state facility may be disclosed to a family member who lives with the person or provides direct care after the facility has received the written consent of the patient or, if consent cannot be obtained, has notified the patient in writing as to what is being disclosed, the reason for its disclosure, and to whom	N.H. Rev. Stat. Ann. § 135-C:19-a
Child abuse reporting	Health care providers, other professionals, & other persons who have reason to believe that a child has been abused or neglected must report; the definition of reportable abuse includes physical injury, psychological injury, & sexual abuse	N.H. Rev. Stat. Ann § 169-C:3; N.H. Rev. Stat. Ann. § 169-C:29
Federal Confidentiality Laws for Minors		
	Scope of Protection/Limitations	Citations
HIPAA Privacy Rule – minor as individual	A minor who consents, or whose parent accedes to confidentiality, is an “individual” with control over their own protected health information (PHI)	45 C.F.R. § 164.502(g)(3)
HIPAA Privacy Rule – parent as personal representative	Parents are not necessarily the personal representative when minors have consented to their own care; parent may not be personal representative if minor subject to domestic violence, abuse, neglect, or endangerment	45 C.F.R. § 164.502(g)(3) and (5)
HIPAA Privacy Rule – parents’ access	Parents’ access to PHI when minor is the “individual” depends on other state and federal laws; parents’ access may be denied if health care professional determines it would cause substantial harm to minor or another individual	45 C.F.R. §§ 164.502(g)(3), 164.524(a)(3)(iii)
FERPA	Information about health services provided by a school may be included in a students’ “education records” and subject to FERPA, not HIPAA; parents have access to minors’ education records	20 U.S.C §1232g, 34 C.F.R. Part 99; 45 C.F.R. § 160.103
Title X Family Planning	Information about family planning services received at Title X funded sites is confidential and may only be disclosed with the minor’s permission or if required by law	42 C.F.R. § 59.11
Medicaid	Adolescent minors who are eligible for Medicaid may receive confidential family planning services funded by Medicaid	42 U.S.C. §§ 1396a(a)(7), 1396d(a)(4)(C)
Drug & alcohol— “substance use disorder”— programs	In federally assisted programs, consent for disclosure must be obtained from minor who is authorized under state law to consent for alcohol or drug abuse treatment; disclosure to parents may occur only if minor lacks capacity for rational choice due to extreme youth, physical incapacity, or substantial threat to minor or another	42 C.F.R. § 2.14

Paula M. Minnehan

Senior Vice President, State Government Relations
 New Hampshire Hospital Association
 125 Airport Road
 Concord, NH 03301
 (603) 415-4254 (direct dial)
 (603) 496-1047 (cell)
pminnehan@nhha.org
www.nhha.org



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HOUSE HEALTH, HUMAN SERVICES AND ELDERLY AFFAIRS COMMITTEE

Tuesday, January 18, 2022

HB 1345 –Relative to the release of a teenager's medical records to a parent or guardian

Testimony

Good morning Mr. Chairman and members of the committee. My name is Paula Minnehan, Senior Vice President with the New Hampshire Hospital Association (NHHA), representing all 26 of the state's community hospitals as well as all specialty hospitals.

The NHHA has concerns with HB 1345 relative to the release of a teenager's medical records to a parent or guardian. We believe that this bill is unnecessary as the Health Insurance Portability and Accountability Act (HIPAA) already covers when a minor's medical records can be released. In addition, we believe that HB 1345, as drafted, is missing a critical component of what is allowable under HIPAA.

That critical component that is missing is called "confidential communications". We know that adolescent health care providers rely heavily on this provision to have important conversations with their adolescent patients that may be stifled if not permitted. There is an agreement between the provider, the patient and the personal representative that the conversation will remain between the provider and the adolescent patient, which the provider documents in the chart, and it is then noted in the patient's electronic medical record that it cannot be shared.

The attached FAQ from US HHS describes how HIPAA manages access to minors' medical records. This is how all healthcare providers in New Hampshire currently manage these situations in support of the minor, the parents/guardians and the healthcare provider.

In addition, this bill only refers to one section of NH law pertaining to sexually transmitted disease treatments for adolescents age 14 or older. There are other statutes that afford minors as young as twelve years of age the ability to consent to treatments without the knowledge or consent of a parent or guardian. Therefore, this bill is only limited in scope and will create more uncertainty for when and how minors can consent to release their medical records.

For these reasons, we urge this committee to find this bill inexpedient to legislate. Thank you and I'd be happy to answer any questions.

Does the HIPAA Privacy Rule allow parents the right to see their children's medical records?

Answer:

Yes, the Privacy Rule generally allows a parent to have access to the medical records about his or her child, as his or her minor child's personal representative when such access is not inconsistent with State or other law.

There are three situations when the parent would not be the minor's personal representative under the Privacy Rule. These exceptions are:

1. When the minor is the one who consents to care and the consent of the parent is not required under State or other applicable law;
2. When the minor obtains care at the direction of a court or a person appointed by the court; and
3. When, and to the extent that, the parent agrees that the minor and the health care provider may have a confidential relationship.

However, even in these exceptional situations, the parent may have access to the medical records of the minor related to this treatment when State or other applicable law requires or permits such parental access. Parental access would be denied when State or other law prohibits such access. If State or other applicable law is silent on a parent's right of access in these cases, the licensed health care provider may exercise his or her professional judgment to the extent allowed by law to grant or deny parental access to the minor's medical information.

Finally, as is the case with respect to all personal representatives under the Privacy Rule, a provider may choose not to treat a parent as a personal representative when the provider reasonably believes, in his or her professional judgment, that the child has been or may be subjected to domestic violence, abuse or neglect, or that treating the parent as the child's personal representative could endanger the child.

<https://www.hhs.gov/hipaa/for-professionals/faq/227/can-i-access-medical-record-if-i-have-power-of-attorney/index.html>

Archived: Thursday, January 20, 2022 3:20:29 PM
From: Shannon McGinley
Sent: Tuesday, January 18, 2022 2:34:11 PM
To: ~House Health Human Services and Elderly Affairs
Subject: HB 1345, Cornerstone Action Supports
Importance: Normal


Dear House HHSEA,

Attached is the letter I referenced in my testimony this afternoon. Our family has been going to the Elliot practice, Pediatric Health Associates for years and continue to do so, but this law applies to various providers that may not know my children the way I do - or even as well as this pediatrician's office. Even still, I don't report every pediatric health concern to our pediatricians so I believe the parents having access should be the default policy.

It is disappointing that the state caused this break in the bridge between me and my sons. I know other parents who feel the same.

Thank you for your services to our state.

Shannon McGinley
Executive Director
Cornerstone Action
www.nhcornerstone.org
603-228-4794

 **Elliot Physician Network**

June 21, 2012

Dear Parent or Guardian,

Thank you for taking a moment to read this letter carefully. The information provided will be very helpful to you in understanding the changes that will take place as your child turns age twelve (12) relative to his or her electronic medical record.

Currently, you have complete access to the health record of your child through MyEChart. There will, however, be an automatic change for patients turning 12 years of age. The change will be two fold. First, for patients between the ages of 12 and 18 years, full access to MyEChart will be available to the individual patient (your child). This means that he/she may have an access code that is their own allowing them to take part in their healthcare. Access to the account may be shared with your child as early as their next visit or at any subsequent visit when/if your child and provider mutually agree that this would be beneficial.

The second change relates to parental and guardian access. For parents or guardians of patients between the ages of 12 and 18 years, access to MyEChart is permitted, but specific information will be restricted. Specifically, parental and guardian access will be limited to emailing your child's doctor and viewing patient-entered flow sheets, immunizations, health reminders, and allergies, however full access to the patient's record will not be authorized. Access to these activities is outlined on the reverse of this document.

We recognize that this change may come with some questions or concerns. Please feel free to speak to your child's provider or staff about your questions, but be aware that he or she cannot change these restrictions as they are an Elliot Health System-wide policy which has been set in accordance with NH state law.

Elliot remains confident that the relationships you have built with your child's primary care provider will remain a strong and healthy one. If you or your child has any difficulty accessing MyEChart after being provided your unique username and password, please contact your child's office for assistance.

Thank you in advance for your understanding and cooperation as we make these transitions.

Sincerely,

Holly Neefe

Holly Neefe, MD

Associate Medical Director for Pediatrics

Elliot Health System

www.elliotohospital.org

A Department of Elliot Hospital

Elliot Health System
MyEChart Teen and Parental Access Guideline
For patients 12 - 18 years old

Feature	Adult Proxy Access	Teen Access
E-mail Your Provider	Yes	Yes
View Lab Test Results	No	Yes
View Allergies	Yes	Yes
View Immunizations	Yes	Yes
View Future Appointments	No	Yes
View Past Office Visits	No	Yes
Schedule Appointments	Yes (via E-mail)	Yes (Online)
Track Ongoing Health Concerns	No	Yes
Refill Prescriptions	No	Yes
Cancel Appointments	No	Yes
Patient Entered Flowsheets	Yes	Yes
View Health Care Reminders	Yes	Yes

Archived: Thursday, January 20, 2022 3:20:29 PM
From: [Jim Kofalt](#)
Sent: Tuesday, January 18, 2022 2:22:55 PM
To: ~House Health Human Services and Elderly Affairs
Subject: HB1345
Importance: Normal

Attachments:
New-Hampshire-AYAH-Confidentiality-Guide_Final.pdf ;

Here are my notes about HB 1345. I hope you will forgive the fact that these appear in somewhat abbreviated form. I am also attaching the document that I referenced with respect to consent and access to medical records in New Hampshire. I call your attention to the tables on pages 10-12 (page numbers 13-15 if you're looking at the Adobe Acrobat page numbers).

- RSA 463:1 recognizes that "the interests of a minor are generally best promoted in the minor's own home unless the best interests of the minor require substitution or supplementation of parental care and supervision."
- Section 463:12 acknowledges the roles & responsibilities of a parent or guardian, which includes "Giv [ing] any necessary consent or approval to enable the minor to receive medical or other professional care, counsel, treatment, or service."
- Having said that, there is some ambiguity as to the rights of parents to access their children's medical records.
 - RSA 141c18 makes an explicit exception in the case of minor children 14 years of age or older who seek medical attention for the diagnosis or treatment of a sexually transmitted disease.
 - As currently written, this bill would not change that.
 - The bill furthermore allows for exceptions in cases where a health care provider believes that the child has been subject to domestic violence, abuse, or neglect... or if the release of the records could endanger the child.
- As it stands today, numerous health care providers have established a cutoff of 14 years of age, and it's common that parents of teenage children receive notification from those providers that they will no longer have access to their child's medical records.
- In light of the current language in the RSA with respect to the parents' role in giving consent to medical procedures, it seems odd that the same parent who is called upon to give consent must do so without access to the medical records that would inform that decision.

- Jim

Jim Kofalt

State Representative, Hillsborough District 4

Wilton, Lyndeborough, Greenville, & Frankestown

Health, Human Services and Elderly Affairs Committee

HHS Working Group on the Plan to Close the Cliff Effect for Individuals and Families Who Receive Public Benefits

+1.607.821.2009

Archived: Thursday, January 20, 2022 3:20:29 PM
From: [Valerie Martin](#)
Sent: Monday, January 17, 2022 10:06:46 PM
To: [~House Health Human Services and Elderly Affairs](#)
Subject: Tuesday 1.18 Bills
Importance: Normal

Hello, I'm a NH resident in **Support** of Bills **HB 1045** and **HB 1345**.

Thank you

Archived: Thursday, January 20, 2022 3:20:29 PM

From: Daniel Richardson

Sent: Saturday, January 15, 2022 4:56:11 PM

To: Betty Gay; ~House Health Human Services and Elderly Affairs

Cc: Tom Lanzara; Andrew Renzullo; Mark Pearson; Kurt Wuelper; JD Bernardy; Jeffrey Greeson; Erica Layon; Susan Homola; Jim Kofalt; William Gannon

Subject: HB 1345 relative to the release of a teenager's medical records to a parent or guardian.

Importance: Normal

With Representative Gay's clarification in crystal clear bell-shaped tones, I summarily retract my opposition and now support HB 1345 intent.

Daniel Richardson, Nashua

On 1/15/2022 2:52 PM, Betty Gay wrote:

HB 1345 is my bill and I support it. The purpose of the bill is to restore the right of parents to access their minor children's medical records.

I would welcome it to be amended to get rid of the exclusion to parental access (for treatment of STD's) that ALREADY was in the RSA. The attorney who was assigned to write this bill left it unchanged from the current RSA that he/she modified to create this bill.

I did not ask to retain the requirement for teens to give permission for their parents to access their medical records for treatment of STD's. I didn't even know it existed. I don't like it, but rather than have to convince people on two issues, I did not change it. But I would be delighted if we could amend this bill to make all teen medical records accessible to their parents.

But if that is not the conviction of our committee, PLEASE pass this bill as is to allow access for parents to their teens' other medical records.

A working, single mother requested this bill. With 4 children, one with many high medical bills, she has to spend a ton of time dealing with the bills in addition to dealing with the illness. To be told by CMC that her 13 year old has to give them a release was just over the top! (I bet they don't need a release to cash her check!)

And can you imagine what a pain it is for all the medical staffs in every office to deal with releases for all their patients 13 to 18?

So please pass this.

I cannot testify this Tuesday. I will be presenting my anti-dv and family court improvement bills from 10 am to after 5 pm in Children and Family Law.

Thank you so much,

Betty Gay, Salem

PS I think it's time for software to be developed by us or purchased that prevents prime sponsors from being scheduled to present in more than one committee

simultaneously. This happens to so many legislators every year. Even when I only had three bills, two were scheduled for the same time.

Sent from my Verizon, Samsung Galaxy smartphone

----- Original message -----

From: Daniel Richardson <daniel6_22@comcast.net>

Date: 1/15/22 12:56 (GMT-05:00)

To: ~House Health Human Services and Elderly Affairs <HHSEA@leg.state.nh.us>

Cc: Tom Lanzara <tomlanzara@gmail.com>, Betty Gay

<Betty.Gay@leg.state.nh.us>, Andrew Renzullo

<Andrew.Renzullo@leg.state.nh.us>, Mark Pearson

<Mark.Pearson@leg.state.nh.us>, Kurt Wuelper <Kurt.Wuelper@leg.state.nh.us>, JD

Bernardy <jd.bernardy@comcast.net>, Jeffrey Greeson

<Jeffrey.Greeson@leg.state.nh.us>, Erica Layon <EricaForDerry@gmail.com>,

Susan Homola <Susan.Homola@leg.state.nh.us>, Jim Kofalt

<staterrep@jimkofalt.com>, William Gannon <William.Gannon@leg.state.nh.us>

Subject: In Opposition to HB 1345 relative to the release of a teenager's medical records to a parent or guardian.

Ref: Jan 18, 2022 Committee Meeting

HOUSE HEALTH, HUMAN SERVICES AND ELDERLY AFFAIRS COMMITTEE -

I write in opposition to HB 1345. It makes no sense to inhibit a parent from knowledge of any of his minor child's medical events. Parental knowledge of particularly Sexually Transmitted Disease of minor child should absolutely be privileged to the parent. STD is directly indicative of either unauthorized child behavior or child being subjected to abuse.

Just because sex desires emerge does not mean a 14 year old exercises any responsibility. The parents bear the burden of child's reputation of whore and yet medical law would prevent parents from knowing? There would be no indication to parents to exercise control.

This bill could easily be responsible for increased teen pregnancy. What the hell are these sponsors thinking?

Please kill HB 1345 as ITL.

Daniel Richardson, Nashua

Archived: Thursday, January 20, 2022 3:20:30 PM

From: Betty Gay

Sent: Saturday, January 15, 2022 2:52:15 PM

To: Daniel Richardson; ~House Health Human Services and Elderly Affairs; Tom Lanzara; Betty Gay; Andrew Renzullo; Mark Pearson; Kurt Wuelper; JD Bernardy; Jeffrey Greeson; Erica Layon; Susan Homola; Jim Kofalt; William Gannon

Cc: Tom Lanzara; Andrew Renzullo; Mark Pearson; Kurt Wuelper; JD Bernardy; Jeffrey Greeson; Erica Layon; Susan Homola; Jim Kofalt; William Gannon

Subject: RE: In Opposition to HB 1345 relative to the release of a teenager's medical records to a parent or guardian.

Importance: Normal

HB 1345 is my bill and I support it. The purpose of the bill is to restore the right of parents to access their minor children's medical records.

I would welcome it to be amended to get rid of the exclusion to parental access (for treatment of STD's) that ALREADY was in the RSA. The attorney who was assigned to write this bill left it unchanged from the current RSA that he/she modified to create this bill.

I did not ask to retain the requirement for teens to give permission for their parents to access their medical records for treatment of STD's. I didn't even know it existed. I don't like it, but rather than have to convince people on two issues, I did not change it. But I would be delighted if we could amend this bill to make all teen medical records accessible to their parents.

But if that is not the conviction of our committee, PLEASE pass this bill as is to allow access for parents to their teens' other medical records.

A working, single mother requested this bill. With 4 children, one with many high medical bills, she has to spend a ton of time dealing with the bills in addition to dealing with the illness. To be told by CMC that her 13 year old has to give them a release was just over the top! (I bet they don't need a release to cash her check!)

And can you imagine what a pain it is for all the medical staffs in every office to deal with releases for all their patients 13 to 18?
So please pass this.

I cannot testify this Tuesday. I will be presenting my anti-dv and family court improvement bills from 10 am to after 5 pm in Children and Family Law.

Thank you so much,
Betty Gay, Salem

PS I think it's time for software to be developed by us or purchased that prevents prime sponsors from being scheduled to present in more than one committee simultaneously. This happens to so many legislators every year. Even when I only had three bills, two were scheduled for the same time.

----- Original message -----

From: Daniel Richardson <daniel6_22@comcast.net>

Date: 1/15/22 12:56 (GMT-05:00)

To: ~House Health Human Services and Elderly Affairs <HHSEA@leg.state.nh.us>

Cc: Tom Lanzara <tomlanzara@gmail.com>, Betty Gay <Betty.Gay@leg.state.nh.us>, Andrew Renzullo <Andrew.Renzullo@leg.state.nh.us>, Mark Pearson <Mark.Pearson@leg.state.nh.us>, Kurt Wuelper <Kurt.Wuelper@leg.state.nh.us>, JD Bernardy <jd.bernardy@comcast.net>, Jeffrey Greeson <Jeffrey.Greeson@leg.state.nh.us>, Erica Layon <EricaForDerry@gmail.com>, Susan Homola <Susan.Homola@leg.state.nh.us>, Jim Kofalt <staterep@jimkofalt.com>, William Gannon <William.Gannon@leg.state.nh.us>

Subject: In Opposition to HB 1345 relative to the release of a teenager's medical records to a parent or guardian.

Ref: Jan 18, 2022 Committee Meeting

HOUSE HEALTH, HUMAN SERVICES AND ELDERLY AFFAIRS COMMITTEE -

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Daniel Richardson, Nashua

Archived: Thursday, January 20, 2022 3:20:30 PM

From: Daniel Richardson

Sent: Saturday, January 15, 2022 12:56:16 PM

To: ~House Health Human Services and Elderly Affairs

Cc: Tom Lanzara; Betty Gay; Andrew Renzullo; Mark Pearson; Kurt Wuelper; JD Bernardy; Jeffrey Greeson; Erica Layon; Susan Homola; Jim Kofalt; William Gannon

Subject: In Opposition to HB 1345 relative to the release of a teenager's medical records to a parent or guardian.

Importance: Normal

Ref: Jan 18, 2022 Committee Meeting

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Daniel Richardson, Nashua

Adolescent & Young Adult Health Care in New Hampshire

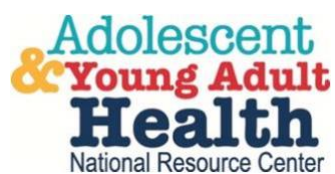
A Guide to Understanding Consent & Confidentiality Laws

Abigail English, JD, Center for Adolescent Health & the Law

March 2019



Center for
Adolescent Health
& the Law



Contributors

This publication was created for the Adolescent & Young Adult Health National Resource Center by Abigail English, JD, of the Center for Adolescent Health & the Law, in collaboration with the Association of Maternal & Child Health Programs (AMCHP); the National Adolescent & Young Adult Health Information Center (NAHIC) at the University of California, San Francisco (UCSF); the State Adolescent Health Resource Center (SAHRC) at the University of Minnesota; and the University of Vermont National Improvement Partnership Network (NIPN).



Adolescent & Young Adult Health National Resource Center

The National Adolescent and Young Adult Health National Resource Center (AYAH-NRC) – supported by the Maternal and Child Health Bureau – was established in September 2014 to help states improve receipt and quality of preventive services among adolescents and young adults. The AYAH-NRC is housed at the National Adolescent and Young Adult Information Center at the University of California, San Francisco, in close partnership with: the Association of Maternal & Child Health Programs; the University of Minnesota State Adolescent Health Resource Center; and the University of Vermont National Improvement Partnership Network. The Center aims to promote adolescent and young adult health by strengthening the abilities of State Title V MCH Programs, as well as public health and clinical health professionals, to better serve these populations (ages 10-25).



Center for Adolescent Health & the Law

PO Box 3795 | Chapel Hill, NC 27515-3795

ph. 919.968.8850 | e-mail: info@cahl.org

<http://www.cahl.org>

The Center for Adolescent Health & the Law supports laws and policies that promote the health of adolescents and young adults and their access to comprehensive health care. Working nationally, the Center clarifies the complex legal and policy issues that affect access to health care for the most vulnerable youth in the United States. The Center provides information and analysis, publications, consultation, and training to health professionals, policy makers, researchers, and advocates who are working to protect the health of adolescents and young adults.

Suggested Citation

English A. Adolescent & Young Adults Health Care in New Hampshire: A Guide to Understanding Consent & Confidentiality Laws. San Francisco, CA: Adolescent & Young Adult Health National Resource Center; and Chapel Hill, NC: Center for Adolescent Health & the Law, 2019. http://nahic.ucsf.edu/resource_center/confidentiality-guides/.

Disclaimer

This document provides information. It does not constitute legal advice or representation. For legal advice, readers should consult their own counsel. When seeking legal advice, a practicing attorney who has knowledge of all relevant federal, state, and local laws and who has been informed of all relevant details of the situation should be consulted. The legal information in this publication is current through March 2019. Laws may change, so updated information must be sought to address specific situations.

Acknowledgements

The author and the AYAH National Resource Center gratefully acknowledge the careful review of this document and comments provided by several individuals in New Hampshire with expertise in adolescent and young adult health. The author extends special thanks to Charles Irwin, Claire Brindis, and Jane Park of NAHIC, University of California, San Francisco; Kristin Teipel of SAHRC, University of Minnesota; and Iliana White and Caroline Stampfel of AMCHP for their advice and support.

Support

This publication was supported in part by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS), (cooperative agreement, U45MC27709), as part of an award totaling \$1,350,000. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, HRSA, HHS or the U.S. Government.

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Adolescent & Young Adult Health Care in New Hampshire

A Guide to Understanding Consent & Confidentiality Laws

Abigail English, JD
Center for Adolescent Health & the Law

This guide provides a summary of legal consent requirements and confidentiality protections for adolescents and young adults in New Hampshire to inform health care providers and promote access to essential health care including preventive health services.

INTRODUCTION

Confidentiality protections encourage adolescents and young adults to seek the health care they need and safeguard their privacy when they receive services. The relationship between confidentiality of health information and consent for health care is important. The specific ways the law protects confidentiality depend on whether a patient is a minor or an adult and whether the patient can legally consent to their own care. Some adolescents are minors—under age 18—and some are young adults—age 18 or older.

Young adults almost always may consent to their own care; minors may consent sometimes, but not always. Young adults are entitled to the same confidentiality protections under state and federal laws as other adults.

“Minor consent laws” allow minors to consent for their own care in specific situations and for specific services. Laws authorizing minors to consent and laws protecting confidentiality are closely linked but they do not always match each other. Adolescent minors who consent for their own care are entitled to many confidentiality protections; but these may be qualified or limited in ways that allow for disclosure of some information to parents or others.

Numerous federal and state laws contain confidentiality protections for health information. The interplay of law and ethics also is important in understanding confidentiality in the health care of adolescents and young adults. Careful analysis of the relevant state and federal laws, informed by sound ethical principles, can clarify these issues in New Hampshire as in other states.

IMPORTANCE OF PROTECTING CONFIDENTIALITY

There are numerous reasons to protect confidentiality for the health care communications and health information of adolescents and young adults. The most compelling is to encourage young people to seek necessary care on a timely basis and to provide a candid and complete health history when they do so. Additional reasons include supporting their developing sense of privacy and autonomy as well as protecting them from the humiliation and discrimination that can result from disclosure of confidential information. Offering confidential care can also help young people develop their capacity to engage independently with the health care system. Decades of research findings have documented the importance of privacy concerns for young people in the adolescent age group; additional research has found similar concerns among young adults. (See Appendix G) Overarching goals of confidentiality protection include promoting both the health of individual young people and the public health. One key element of reaching these goals is ensuring that young people receive the health care services they need.

Privacy concerns influence use of health care in many ways. Many adolescents are concerned about disclosure to their parents of information related to sexual behaviors, substance use, and mental health. This is true even though many adolescents voluntarily share a lot of health information with their parents

and other trusted adults. Voluntary communication can be very helpful in supporting adolescents' and young adults' health; mandated communication and disclosure can be counterproductive unless they are necessary to protect the health of a young person. Specifically, concerns about confidentiality and disclosure can affect whether adolescents seek care,^{1,2,3} where they seek care,^{4,5} and how openly they talk with health care professionals.⁶ Some young adults also hesitate to use certain services unless privacy can be maintained.⁷ Concerns that confidentiality will not be protected can lead adolescents and young adults to forego or delay care or to be less than candid when they do see a health care provider. (See Appendix G)

Rationale for confidentiality

- Protect health of adolescents & young adults
- Protect public health
- Promote positive health behaviors & outcomes
- Avoid negative health outcomes
- Encourage adolescents & young adults to seek needed care
- Increase open communication with health care providers

Research findings about privacy concerns

Privacy concerns affect behavior and influence:

- Whether young people seek care
- When young people seek care
- Where young people seek care
- How openly young people talk with health care providers

The effect of privacy concerns has been especially well documented with respect to adolescents' use of sexual health services, including care related to contraception, pregnancy, and sexually transmitted diseases (STDs). For example, one study found that almost all adolescents would consent to STD testing if their parents would not know, but

only about one third would agree if their parents would or might know.⁸ According to another study, nearly one half of adolescents would stop using family planning clinic services if parental notification were mandatory.⁹ Yet, a national survey found that only a very small minority of adolescents would stop having sex if parental notification were mandatory for contraceptives, and a significant percentage would have riskier sex.¹⁰

Health care professional organizations recognize the importance of confidentiality protections in health care. These organizations have adopted codes of ethics and issued policies that address privacy and confidentiality protections for patients generally, including young adults and adolescents.¹¹ They also have adopted policies related to adolescent health care that address confidentiality for particular health care settings, special populations, and specific services—preventive health care, testing & treatment for STDs & HIV, contraception, pregnancy-related care, and other reproductive health services. These policies often speak to the importance of informing patients, including adolescents and their parents, about confidentiality and its limits.

Health care professional organizations

Codes of ethics and policies support:

- Rationale for confidentiality
- Scope of confidentiality and its limits
- Confidentiality in particular health care settings
- Confidentiality for specific populations of adolescents
- Confidential access to specific health services

Confidentiality is not absolute. To understand the scope and limits of legal and ethical confidentiality protections, it is important to clarify: what *may not* be disclosed because it is confidential and none of the exceptions to confidentiality apply; what *may* be disclosed based on the discretion of the health care professional; and what *must* be disclosed because there is another requirement, such as a reporting requirement, that overrides confidentiality.

Confidentiality is not absolute

Confidential information must be disclosed:

- To comply with reporting mandates
 - Child abuse
 - Communicable disease
 - Assaults such as knife or gunshot wounds
 - Domestic violence
- When a patient is dangerous to self or others

Emerging Confidentiality Challenges

Two sets of issues represent increasing challenges for protecting confidentiality in adolescent and young adult health care. The first set comprises the issues associated with billing and health insurance claims, particularly the use of explanations of benefits (EOBs) to communicate with health insurance policyholders.^{12,13} Although the use of EOBs is used virtually universally by commercial health care insurers and health plans, Medicaid agencies generally do not send EOBs. The second evolving issue relates to the complex questions associated with use of and access to electronic health records (EHRs) and web portals.^{14,15,16,17} Significant variation exists among provider sites in their implementation of EHRs and their handling of confidentiality for adolescents in the EHR context. In these arenas, laws and policies as well as best practices are evolving rapidly. Thorough discussion of these issues is beyond the scope of this guide, but considering them is essential in any effort to protect confidentiality for adolescents and young adults. (See Appendix E)

NEW HAMPSHIRE HEALTH CARE CONSENT LAWS

The age of majority in New Hampshire is 18;¹⁸ anyone younger than age 18 is legally a minor. Young adults age 18 or older are allowed to consent for their own health care; their right to consent may be limited if they are cognitively impaired and unable to give informed consent. For adolescents who are minors, the consent of a parent or another authorized adult is generally required. There are exceptions to this requirement contained in New Hampshire’s “minor consent laws.” (See Table 1 and Appendix A)

Minor Consent Laws in New Hampshire

New Hampshire has several laws either allowing minors to receive certain services without prior parental consent or authorizing them to consent for specific health care services, including some preventive services. In particular, these laws cover emergency care,¹⁹ STD care,²⁰ HIV testing,²¹ treatment for drug dependency or problems related to drug use,²² and community mental health services.²³ (See Table 1 and Appendix A) New Hampshire law also provides for “expedited partner therapy” or EPT that allows STD prescription to a patient’s partner.²⁴

Linkage of consent & confidentiality

“Consent” & “confidentiality” are not perfectly matched but are closely linked in:

- Clinical practice
- Ethical standards
- Professional policies
- State & federal laws

Although New Hampshire does not have an explicit law authorizing minors to consent for contraception, it also does not have a law prohibiting them from doing so or explicitly requiring parental consent for contraception.

Minors may consent for confidential family planning services funded by Title X or Medicaid; they also should be able to do so in other settings based on the constitutional right of privacy or the mature minor doctrine. (See Tables 1 & 2, Appendix A, and Appendix F). Minors may also access emergency contraception without parental consent.²⁵ New Hampshire law contains detailed requirements for minors to receive abortion services that require notification of a parent or guardian but include a judicial bypass and an emergency exception.²⁶ (See Table 1 and Appendix A)

Minors in Special Situations

Some adolescent minors are in special situations or have health care needs that are not clearly addressed by the New Hampshire minor consent laws. These include, for example, adolescents who are victims of sexual assault or human trafficking, or LGBTQ youth. Even though the state's minor consent laws do not explicitly provide for these adolescents to consent for specific services such as care for sexual assault or transgender services, they are able to consent—on the same basis as any other minor—for other services that are covered by the minor consent laws or other laws, such as care for STDs and HIV, contraception, treatment for drug use, and community mental health services. Often these services are relevant to their special situations.

When adolescents are in foster care, special rules may determine who can give consent for their health care—their parents, their social worker, or the court. In New Hampshire, the social service agency has provided guidance to foster parents on the procedures for obtaining authorization for a foster child to receive health care.²⁷ However, foster children should be able to consent for their own health care on the same basis as other youth.

NEW HAMPSHIRE CONFIDENTIALITY LAWS

New Hampshire laws include protections for the health care information of individuals of all ages, including minor adolescents and young adults.^{28,29} New Hampshire laws generally provide confidentiality protection for medical records and patients' health information and usually require consent for release of the records or disclosure of the information subject to certain exceptions. New Hampshire law includes some provisions that parallel the federal HIPAA Privacy Rule for disclosure of protected health information. New Hampshire has specific legal protections for mental health and substance abuse treatment information and records.³⁰ New Hampshire laws also contain provisions that are specific to the confidentiality of minors' health information. (See Tables 2 & 3 and Appendix A)

Confidentiality Laws for Minors in New Hampshire

Confidentiality protections and consent requirements for minors are closely linked but not perfectly matched. Generally, when minors may consent for their own health care they can expect confidentiality protection, but there are exceptions. The New Hampshire laws that allow minors to consent for STD diagnosis and treatment also specify that they may do so without parental knowledge. New Hampshire also allows but does not require health care providers to share information about a positive HIV test result and mental health services with a minor's parent in specific circumstances. (See Table 2 and Appendix A) Also, confidentiality may be compromised via billing and health insurance claims as well as through access to electronic health records via web portals. (See Appendix E)

One of the main exceptions to confidentiality is the requirement to report child abuse. In New Hampshire, health care professionals, other professionals, and all other individuals who have reason to suspect that a child has been abused are required to report. The New Hampshire definition of reportable abuse includes physical and emotional abuse by a parent or person responsible for the child and sexual abuse by any person.^{31,32}

A question that often arises for health care professionals is whether voluntary sexual activity of minor adolescents must be reported as child abuse. This complex question has been carefully addressed elsewhere and is beyond the scope of this guide, but careful attention to the requirements of state reporting laws is always essential.³³ A related concern of health care professionals is the age at which minors can participate in sexual activity without risk of criminal prosecution—sometimes referred to as “age of consent.” This issue is legally separate from the requirement to report child abuse and a detailed discussion also is beyond the scope of this guide.³⁴

These New Hampshire laws must be interpreted and applied in the context of the full range of federal laws that protect confidentiality and sometimes supersede state laws. (See Tables 2 & 3 and Appendix B) Important federal confidentiality laws include the HIPAA Privacy Rule, as well as legal requirements for numerous federally funded health programs. Because the HIPAA Privacy Rule defers to state laws and other applicable laws on the question of when parents have access to their adolescent minor children’s health information, understanding the relationship between state and federal laws is essential.

FEDERAL CONFIDENTIALITY LAWS

Numerous federal laws contain confidentiality protections. These laws protect patients’ privacy in the health care system and the confidentiality of their health information. Federal confidentiality laws that are of particular importance for adolescent and young adult health care include the HIPAA Privacy Rule and FERPA, as well as statutes and regulations for the Title X Family Planning Program and Medicaid, and the rules for drug and alcohol programs. Confidentiality protections can also be found in requirements for other programs such as the Ryan White HIV/AIDS Program and federally qualified health centers (FQHCs). (See Tables 2 & 3 and Appendix B)

Legal sources of confidentiality protection

- Constitutional right of privacy
- HIPAA Privacy Rule
- Federal education privacy laws
- Federal & state funded health program requirements
- State minor consent laws
- State medical confidentiality & medical records laws
- Evidentiary privileges
- Professional licensing laws

HIPAA Privacy Rule

The HIPAA Privacy Rule—the federal medical confidentiality regulations issued in 2002 under the Health Insurance Portability and Accountability Act—protects the health care information of adolescents and young adults.³⁵ The HIPAA privacy protections for young adults are the same as for other adults: they are entitled to access their protected health information and to control the disclosure of that information in some circumstances. Additional specific requirements apply to the information of adolescents who are minors.

When minors are authorized to consent for their own health care and do so, the HIPAA Privacy Rule treats them as “individuals” who are able to exercise rights over their own protected health information (PHI).³⁶ Also, when parents have acceded to a confidentiality agreement between a minor and a health professional, the minor is considered an “individual” under the Rule.³⁷

Generally, the HIPAA Privacy Rule treats parents as the “authorized representative” and gives them access to the health information of their unemancipated minor children, including adolescents. Parents’ access is limited in situations that involve abuse or endangerment or when it would not be in the minor’s best interest.³⁸ However, when minors are considered “individuals,” their parents are not necessarily their authorized representative. On the issue of when parents may have access to protected health information for minors who are considered “individuals” and who have consented to their own care, the Rule defers to other laws. Parents’ access to their adolescent minor child’s information in these circumstances depends on “state or other law.”³⁹

Thus, a health care provider must look to state laws or other laws to determine whether they specifically address the confidentiality or disclosure of a minor’s health information. State or other laws that explicitly require, permit, or prohibit disclosure of information to a parent are controlling.⁴⁰ If state or other laws are silent on the question of parents’ access, a health care professional exercising professional judgment has discretion to determine whether or not to grant access.⁴¹ The relevant sources of state or other law that a health care provider must consider include all of the state and federal laws that contain confidentiality protections.

Additional provisions of the HIPAA Privacy Rule that are important for both adolescents and young adults are those that allow individuals to request restrictions on the disclosure of their PHI and to request that communications regarding their PHI occur in a confidential manner.⁴² Other protections address situations in which disclosure may be restricted to protect individuals who may be at risk for domestic violence or child abuse.⁴³

FERPA

When health care services are provided in a school setting, the legal framework for consent to treatment for adolescents remains generally the same as in other settings; however, different confidentiality rules may apply. In a school setting, the HIPAA Privacy Rule requirements must be understood in relation to the requirements of the Family Educational Rights and Privacy Act (FERPA), a federal statute that, with its implementing regulations, controls the disclosure of the educational records of students at most primary, secondary, and post-secondary schools.⁴⁴ Health care professionals who provide services in schools often are uncertain whether they must follow the HIPAA Privacy Rule or FERPA. Two federal agencies—the Department of Health & Human Services and the Department of Education—have issued joint guidance that provides some clarification.⁴⁵

While the HIPAA Privacy Rule typically controls release of health information created by health care professionals, the HIPAA Privacy rule explicitly *excludes* from its purview health records that are part of an “education record” as that is defined under FERPA.⁴⁶ FERPA defines “education record” in a way that sometimes can include health records created by a health care provider—such as a school nurse—employed by or acting on behalf of a school or university.

Thus, health records created by medical professionals employed by a school or university may be part of an “education record” and subject to FERPA rather than HIPAA. The most important implication of this is that

parents have access to the education records of their minor children. Young adults, beginning at age 18, control access to their own education records under FERPA, including any health information. Health records created by medical professionals working in a school setting such as a school-based health center but employed by a health entity would usually be covered by HIPAA, not FERPA.⁴⁷

Title X Family Planning

The confidentiality regulations for the federal Title X Family Planning Program⁴⁸ are exceptionally strong and have protected adolescents as well as adults for nearly five decades. Federal Title X confidentiality protections take precedence over state requirements for parental consent or notification, allowing minors to receive family planning services at Title X sites without parental involvement.⁴⁹ The regulations require that all information about individuals receiving services must be confidential and must not be disclosed without the individual's documented consent, except as necessary to provide services to the patient or as required by law—and, even then, only with appropriate safeguards for confidentiality.⁵⁰ When information is shared by Title X providers with other health care providers, care must be taken to understand the extent to which those other providers are bound by similar confidentiality requirements. Examples of disclosures that are often required by law include mandatory reporting of child abuse to child welfare or law enforcement,⁵¹ intimate partner violence to law enforcement,⁵² and STDs to public health authorities.⁵³ In each of these situations, other specific confidentiality rules may apply.

On March 4, 2019 the U.S. Department of Health and Human Services published a final rule, “Compliance with Statutory Program Integrity Requirements,” that would significantly alter the federal regulations for the Title X Program.⁵⁴ This guide does not discuss the changes that would result from implementation of the new rule. Detailed analysis of the rule and updates on its status are available elsewhere.⁵⁵ The new rule has been challenged in numerous lawsuits.⁵⁶

Medicaid

Federal Medicaid law contains safeguards against disclosure of confidential information.⁵⁷ It also requires that Medicaid cover family planning “services and supplies” for all Medicaid enrollees of childbearing age, including “minors who can be considered to be sexually active.”⁵⁸ These protections have been interpreted to provide significant protection for confidential access to family planning services for minors.⁵⁹ State laws and policies also contain varied provisions that help to protect the privacy of Medicaid beneficiaries and their confidential health information. These provisions include both general confidentiality requirements and specific confidentiality protections for information related to family planning services, such as through states’ Medicaid family planning expansions that include coverage for minors as well as young adults.⁶⁰

Drug and Alcohol Programs

Federal regulations—contained in 42 CFR Part 2 and often referred to as “Part 2” establish special confidentiality protections for substance use records;^{61,62} they apply to “substance use disorder programs” that meet certain very broad criteria of being “federally assisted.”⁶³ The regulations protect both adolescent minors and young adults. When minors are allowed to consent for treatment under state law, they have independent rights under the federal regulations.⁶⁴ For those providers and programs that must comply with the federal rules, the regulations impose strict confidentiality requirements that do not allow disclosure without the consent of the

patient except in specific circumstances that pose a substantial threat to the life or physical wellbeing of the patient or another person.⁶⁵ To the extent that these federal regulations are more protective of confidentiality, they take precedence over state law; if they are less protective, state law controls.⁶⁶

Ryan White HIV/AIDS Program

The Ryan White HIV/AIDS Program (Ryan White) supports some medical services for patients with HIV.⁶⁷ Ryan White generally is a payer of last resort and fills the gaps for individuals with HIV who have no other source of coverage or face coverage limits. Ryan White service providers and patients have significant concerns about confidentiality, but like other federal funding programs such as Title X, the Ryan White law includes strong and explicit confidentiality protections.⁶⁸

Federally Qualified Health Centers

Federally qualified health centers (FQHCs) funded under Section 330 of the Public Health Service Act,⁶⁹ also frequently referred to as “community health centers,” often provide services for adolescents and young adults. For example, some FQHCs operate school-based health centers. FQHCs also are required to provide preventive health services, including voluntary family planning services and many of the preventive services recommended for adolescents and young adults;⁷⁰ and some FQHCs receive Title X funds to help provide family planning services. FQHCs are required to maintain the confidentiality of patient records⁷¹ and, if they receive Title X Family Planning funds, to comply with Title X confidentiality regulations. The confidentiality regulation for FQHCs⁷² contains language almost identical to the Title X confidentiality regulations.⁷³

CONFIDENTIALITY AND PREVENTIVE SERVICES

Recommended preventive services for adolescents & young adults

The U.S. Preventive Services Task Force (USPSTF) and Bright Futures have recommended clinical preventive services for adolescents and young adults in each of these categories:

- substance use
- sexual and reproductive health
- mental health
- nutrition and exercise
- immunizations
- safety and violence

In each category, the specific services recommended by the USPSTF vary for adolescents and for young adults; in Bright Futures the recommendations are for ages 11-21. The AYAH National Resource Center has issued a fact sheet on “[Evidence-Based Clinical Preventive Services for Adolescents and Young Adults](#)” that sets out the specific services recommended for the different age groups in each category.⁷⁴

Many of the preventive services recommended for adolescents and young adults fall into categories about which young people have privacy concerns. These include at least some services in all recommended areas of prevention. Sometimes the privacy concerns are associated with a visit for a specific purpose, such as family planning; on other occasions concerns about confidentiality arise when sensitive issues, such as STDs, HIV, or substance use, are addressed during a well visit.

Not all preventive services raise heightened privacy concerns for adolescents and young adults; but when they do, it is important to understand when confidentiality can—and when it cannot—be assured. For young adults, who are able to consent to their own care and are entitled to the same confidentiality protections as other adults, any preventive health service they receive should be treated as confidential, meaning that information usually should not be disclosed to parents or others without their permission. For minor adolescents, if they are allowed to consent for their own care under the New Hampshire minor consent laws, they can usually expect confidentiality, subject to any disclosures that are specifically permitted or required by law. For both adolescents and young adults, other legal and ethical disclosure obligations, such as when a patient is dangerous to self or others, must be considered. There are no specific confidentiality requirements for preventive services; the extent of confidentiality protection depends on the service as well as the age and other characteristics of the young person.

CONCLUSION

Confidentiality in adolescent and young adult health care is an important element in protecting the health of individual young people and the public health. Decades of research have found that privacy protection encourages young people to seek essential health care and speak openly with their health care providers. Many state and federal laws as well as ethical guidelines require confidentiality protection and support the rights of adolescents and young adults to receive confidential health care including many preventive health services.

TABLE 1: NEW HAMPSHIRE HEALTH CARE CONSENT LAWS FOR MINORS*

New Hampshire Minor Consent Laws Based on Status			
Status	Minor Consent	Scope/Limitations	Citations
Age of majority†	< 18 – No, with exceptions ≥ 18 – Yes	Age of majority is 18	N.H. Rev. Stat. Ann. § 21:44
New Hampshire Minor Consent Laws Based on Services			
Service	Minor Consent	Scope/Limitations	Citations
Emergency services	Yes, with limitations	Emergency medical care provider or a health professional may render emergency medical services to any person, regardless of age, where person is unable to give consent for any reason, including minority status, no other person is reasonably available who is legally authorized to consent for the care, & the provider has acted in good faith	N.H. Rev. Stat. Ann. § 153-A:18
Contraceptives/family planning	Maybe	Minors may consent to family planning services funded by Title X or Medicaid; may be able to do so in other settings based on the mature minor rule or the constitutional right of privacy (Note: See Table 2 re Title X Family Planning & Medicaid)	See Appendix F
Pregnancy care	Maybe	Minor who is capable of giving informed consent minor may be able to consent	See Appendix F
Abortion	No, with exceptions	Notification of one parent or a legal guardian is required; the law includes a judicial bypass and an emergency exception	N.H. Rev. Stat. §§ RSA 132:32 – 132:36
STD diagnosis & treatment	Yes	Minor age 14 or older may voluntarily consent for medical diagnosis and treatment for sexually transmitted diseases, and a licensed physician may diagnose, treat or prescribe for the treatment of sexually transmitted diseases in a minor age 14 or older without the knowledge or consent of the parent or guardian. (Note: See Table 2 re Title X Family Planning)	N.H. Rev. Stat. Ann. § 141-C:18
HIV testing	Yes	Consent of person tested for HIV is required except in specified circumstances	N.H. Rev. Stat. Ann. § 141-F:5
Mental health - outpatient	Yes, with limitations	“Any person” may apply to approved community mental health program to receive services from the state mental health services system; application also may be made by a minor’s parent or guardian	N.H. Rev. Stat. Ann. § 135-C:12
Drug use or dependency	Yes	Minor age 12 or older may consent to treatment for drug dependency or any problem related to the use of drugs without the consent of a parent or legal guardian	N.H. Rev. Stat. Ann. § 318-B:12-a

* This table contains only brief summary information about the laws; more detailed information and selected excerpts of the laws are contained in Appendix A.

† Parent consent is generally required for minors under age 18 unless one of the exceptions in the minor consent laws apply; young adults age 18 or older generally may consent for themselves.

TABLE 2: NEW HAMPSHIRE & FEDERAL CONFIDENTIALITY LAWS FOR MINORS*

New Hampshire Confidentiality Laws for Minors†		
	Scope of Protection/Limitations	Citations
STD diagnosis & treatment	Physician may diagnose, treat or prescribe for treatment of sexually transmitted diseases in a minor age 14 or older without knowledge or consent of parent or guardian	N.H. Rev. Stat. Ann. § 141-C:18
HIV test results	HIV test results shall be disclosed to the person who was tested. Such person shall be provided with appropriate counseling at the time of notification; if person with HIV positive test result is under age 18, the physician or person authorized by physician may disclose test results to a parent or legal guardian	N.H. Rev. Stat. Ann. § 141-F:7
Mental health information – disclosure to family member	Treatment information regarding seriously or chronically mentally ill person receiving services from community mental health program or state facility may be disclosed to a family member who lives with the person or provides direct care after the facility has received the written consent of the patient or, if consent cannot be obtained, has notified the patient in writing as to what is being disclosed, the reason for its disclosure, and to whom	N.H. Rev. Stat. Ann. § 135-C:19-a
Child abuse reporting	Health care providers, other professionals, & other persons who have reason to believe that a child has been abused or neglected must report; the definition of reportable abuse includes physical injury, psychological injury, & sexual abuse	N.H. Rev. Stat. Ann § 169-C:3; N.H. Rev. Stat. Ann. § 169-C:29
Federal Confidentiality Laws for Minors		
	Scope of Protection/Limitations	Citations
HIPAA Privacy Rule – minor as individual	A minor who consents, or whose parent accedes to confidentiality, is an “individual” with control over their own protected health information (PHI)	45 C.F.R. § 164.502(g)(3)
HIPAA Privacy Rule – parent as personal representative	Parents are not necessarily the personal representative when minors have consented to their own care; parent may not be personal representative if minor subject to domestic violence, abuse, neglect, or endangerment	45 C.F.R. § 164.502(g)(3) and (5)
HIPAA Privacy Rule – parents’ access	Parents’ access to PHI when minor is the “individual” depends on other state and federal laws; parents’ access may be denied if health care professional determines it would cause substantial harm to minor or another individual	45 C.F.R. §§ 164.502(g)(3), 164.524(a)(3)(iii)
FERPA	Information about health services provided by a school may be included in a students’ “education records” and subject to FERPA, not HIPAA; parents have access to minors’ education records	20 U.S.C §1232g, 34 C.F.R. Part 99; 45 C.F.R. § 160.103
Title X Family Planning	Information about family planning services received at Title X funded sites is confidential and may only be disclosed with the minor’s permission or if required by law	42 C.F.R. § 59.11
Medicaid	Adolescent minors who are eligible for Medicaid may receive confidential family planning services funded by Medicaid	42 U.S.C. §§ 1396a(a)(7), 1396d(a)(4)(C)
Drug & alcohol— “substance use disorder”— programs	In federally assisted programs, consent for disclosure must be obtained from minor who is authorized under state law to consent for alcohol or drug abuse treatment; disclosure to parents may occur only if minor lacks capacity for rational choice due to extreme youth, physical incapacity, or substantial threat to minor or another	42 C.F.R. § 2.14

* This table includes information about selected state and federal confidentiality laws that pertain to minors’ health information. It contains only brief summary information about the laws; more detailed information about some of the laws is included in Appendix A and Appendix B.

† For additional confidentiality laws related to both minors and young adults, see Table 3.

TABLE 3: NEW HAMPSHIRE & FEDERAL CONFIDENTIALITY LAWS FOR YOUNG ADULTS*

New Hampshire Confidentiality Laws for Young Adults†		
	Scope of Protection/Limitations	Citations
Medical records - access	All medical information in records of health care provider are property of patient; patients have a right to access their medical records	N.H. Rev. Stat. Ann. §332-I:1
Medical information - disclosure	Health care provider shall not reveal confidential communications or information without the consent of the patient, unless provided for by law or by the need to protect the welfare of the individual or the public interest	N.H. Rev. Stat. Ann. §332-I:2
Mental health information – disclosure to family member	Treatment information regarding seriously or chronically mentally ill person receiving services from a community mental health program or state facility may be disclosed to family member who lives with person or provides direct care with written consent of patient or, if consent cannot be obtained, notice to patient in writing as to what is being disclosed, reason for disclosure, & to whom	N.H. Rev. Stat. Ann. § 135-C:19-a
Duty to warn	Physicians, mental health professionals, substance use professionals, & nurses have a duty to warn or take reasonable precautions to provide protection when client has communicated serious threat of physical violence against clearly identified or reasonably identifiable victim or victims or serious threat of substantial damage to real property	N.H. Rev. Stat. Ann. § 329:31 N.H. Rev. Stat. Ann. § 329-B:29 N.H. Rev. Stat. Ann. § 330-A:35 N.H. Rev. Stat. Ann. § 330-C:25
Substance abuse records - disclosure	Substance abuse treatment records & information may only be disclosed with consent of patient subject to certain exceptions	N.H. Rev. Stat. Ann. § 172:8-a
HIV	Identity & records of person tested for HIV are confidential and shall not be disclosed subject to certain exceptions	N.H. Rev. Stat. Ann. §§ 141-F:7, 141-F:8
Federal Confidentiality Laws for Young Adults		
	Scope of Protection/Limitations	Citations
HIPAA Privacy Rule - generally	Individuals have access to and some control over disclosure of their own protected health information (PHI)	45 C.F.R. §§ 502, 524, 528
HIPAA Privacy Rule – special confidentiality protections	Individuals may request restrictions on the disclosure of their PHI and that communications regarding their PHI occur in a confidential manner	45 C.F.R. §§ 164.502(h), 164.522(a)(1), and 164.522(b)(1)
FERPA	Information about health services provided by a school may be included in a students’ “education records” and subject to FERPA, not HIPAA; parents do not have access to education records of young adults age 18 and older	20 U.S.C §1232g, 34 C.F.R. Part 99; 45 C.F.R. § 160.103
Title X Family Planning	Information about family planning services received at Title X funded sites is confidential & may only be disclosed with the patient’s permission or if required by law	42 C.F.R. § 59.11
Medicaid	State Medicaid plans are required to include protections for confidentiality of applicants’ & enrollees’ information	42 U.S.C. § 1396a(a)(7)
Drug & alcohol—“substance use disorder”—programs	Consent for disclosure must be obtained from an individual who seeks treatment from a substance use disorder provider or program; disclosure without the patient’s consent may occur only in very limited circumstances such as bona fide medical emergencies or with a court order	42 C.F.R. Part 2

* This table includes information about selected state and federal confidentiality laws that pertain to young adults’ health information. It contains only brief summary information about the laws; more detailed information about some of the federal laws is included in Appendix B.

† The laws in this section are relevant to both minors and young adults.

APPENDIX A: NEW HAMPSHIRE HEALTH CARE CONSENT & CONFIDENTIALITY LAWS FOR MINORS

This appendix contains brief summaries of New Hampshire consent and confidentiality laws that apply to health care services received by minors.

Minor Consent Based on Status

Age of Majority

N.H. Rev. Stat. Ann. § 21:44

The age of majority is 18.

Minor Consent Based on Services

Emergency Services

N.H. Rev. Stat. Ann. § 153-A:18

A licensed emergency medical care provider or any health professional is not subject to civil liability for failure to obtain consent in rendering emergency medical services to any person, regardless of age, where the person is unable to give consent for any reason, including minority status, and there is no other person reasonably available who is legally authorized to consent for the care, and the provider has acted in good faith knowledge of facts negating consent.

Contraception/Family Planning

Note: Although New Hampshire does not have an explicit statute authorizing minors to consent for contraception or family planning services, they may do so for services funded by Title X or Medicaid. (See Appendix B) Minors also may be able to do so based on the mature minor doctrine or the constitutional right of privacy. (See Appendix F)

Note: Under FDA rules for emergency contraception, Plan B and its generic equivalents are available “over the counter” without a prescription for individuals of any age; Ella is available with a prescription.⁷⁵

Pregnancy Related Care

Note: Although New Hampshire does not have an explicit statute authorizing minors to consent for pregnancy-related care—such as prenatal care, delivery, and postnatal care—they may be able to do so if they are able to give informed consent. (See Appendix F)

Abortion

N.H. Rev. Stat. §§ RSA 132:32 – 132:36

This statute provides that an abortion shall not be performed upon an unemancipated minor until after written notice has been delivered to a parent or legal guardian of the minor. The law includes a judicial bypass and an emergency exception. Note: A prior law, *N.H. Rev. Stat. Ann. §§ 132:24-:28*, was declared unconstitutional in *Planned Parenthood of N. New Eng. v. Heed*, 269 F. Supp. 2d 59 (D.N.H. 2003), affirmed *390 F.3d 53* (2004), vacated and remanded in *Ayotte v. Planned Parenthood*, 546 US 320 (2006). The Act was repealed in 2007. The current law was enacted in 2010 and took effect in 2012.

STD Care

N.H. Rev. Stat. Ann. § 141-C:18

Any minor age 14 or older may voluntarily consent for medical diagnosis and treatment for sexually transmitted diseases, and a licensed physician may diagnose, treat or prescribe for the treatment of sexually transmitted diseases in a minor age 14 or older without the knowledge or consent of the parent or guardian.

HIV/AIDS Care

N.H. Rev. Stat. Ann. § 141-F:5

No health care provider may test for HIV unless the person being tested consents after being informed about the medical interpretations of test findings, or the test is to verify the safety of donated body fluids or organs, the test is for research, the subject is confined to a correctional facility, or the subject is incapable of informed consent and the test is necessary to protect the person's health. No specific legal provision was found expressly authorizing minors to consent for treatment for HIV or AIDS.

Drug/Alcohol Care

N.H. Rev. Stat. Ann. § 318-B:12

Any minor age 12 or older may voluntarily submit himself or herself to treatment for drug dependency or any problem related to the use of drugs without the consent of a parent or legal guardian. A minor who is of sufficient maturity to understand the nature of the treatment shall not be considered legally incapable of consenting for medical treatment provided that such minor is of sufficient maturity to understand the nature of such treatment and the consequences thereof. A parent or legal guardian is not liable for payment for services under this section.

Mental Health Services

N.H. Rev. Stat. Ann. § 135-C:12

“Any person” may apply to an approved community mental health program to receive services from the state mental health services system; the application also may be made by a minor’s parent or guardian.

Confidentiality & Disclosure

Disclosure to Parents

N.H. Rev. Stat. Ann. § 141-C:18

Any minor age 14 or older may receive voluntary treatment for sexually transmitted diseases without the knowledge of the parent or guardian.

N.H. Rev. Stat. Ann. § 141-F:7

HIV test results shall be disclosed by the physician or the person authorized by the physician to the person who was tested. Such person shall be provided with appropriate counseling at the time of notification. If the person with an HIV positive test result is under age 18, the physician or the person authorized by the physician may disclose the test results to a parent or legal guardian. In such cases, the parent or legal guardian shall be entitled to appropriate counseling.

N.H. Rev. Stat. Ann. § 135-C:19

Treatment information regarding a seriously or chronically mentally ill person receiving services from a community mental health program or state facility, may be disclosed to a family member who lives with the person or provides direct care, after the facility has received the written consent of the patient or, if consent cannot be obtained, has notified the patient in writing as to what is being disclosed, the reason for its disclosure, and to whom.

Child Abuse Reporting

Definitions

N.H. Rev. Stat. Ann. § 169-C:29(II)

“Abused child” means any child who has been sexually abused, intentionally physically injured, psychologically injured so that the child exhibits symptoms of emotional problems generally recognized to result from consistent mistreatment or neglect, or physically injured by other than accidental means.

N.H. Rev. Stat. Ann. § 169-C:29(XXVII-b)

“Sexual abuse” means the employment, use, persuasion, inducement, enticement, or coercion of any child to engage in, or having a child assist any other person to engage in, any sexually explicit conduct or any simulation of such conduct for the purpose of producing any visual depiction of such conduct; or the rape, molestation, prostitution, or other form of sexual exploitation of children, or incest with children. With respect to the definition of sexual abuse, the term “child” or “children” means any individual who is under the age of 18 years.

Mandated Reporting

N.H. Rev. Stat. Ann. § 169-C:29

Any physician, surgeon, county medical examiner, psychiatrist, resident, intern, dentist, osteopath, optometrist, chiropractor, psychologist, therapist, registered nurse, hospital personnel (engaged in admission, examination, care and treatment of persons), Christian Science practitioner, teacher, school official, school nurse, school counselor, social worker, day care worker, any other child or foster care worker, law enforcement official, priest, minister, or rabbi or any other person having reason to suspect that a child has been abused or neglected is required to report.

APPENDIX B: FEDERAL CONFIDENTIALITY LAWS

This appendix contains brief summaries and excerpts of the text of selected federal statutes and regulations that provide confidentiality protection for health information and services provided to adolescent minors and young adults.

HIPAA Privacy Rule

The HIPAA Privacy Rule contains protections for both minors and young adults. In 45 C.F.R. § 160.502(g)(3) the rule specifies when a minor is considered an individual who has rights with respect to their own protected health information PHI and whose parent is not necessarily their personal representative with access to their PHI. In 45 C.F.R. § 160.502(g)(5) the rule specifies when a parent is not necessarily the personal representative of a minor due to abuse, neglect, domestic violence, or endangerment, or if it would not be in the minor's best interest. In 45 C.F.R. §§ 160.502(h) and 160.522 the rule specifies special confidentiality protections for individuals: the right to request restrictions on disclosure of PHI; and the right to request confidential communications.

45 C.F. R. § 160.502. Uses and disclosures of protected health information: general rules.

“ . . . (g)(1) Standard: Personal representatives. As specified in this paragraph, a covered entity must, except as provided in paragraphs (g)(3) and (g)(5) of this section, treat a personal representative as the individual for purposes of this subchapter.

(2) Implementation specification: adults and emancipated minors. If under applicable law a person has authority to act on behalf of an individual who is an adult or an emancipated minor in making decisions related to health care, a covered entity must treat such person as a personal representative under this subchapter, with respect to protected health information relevant to such personal representation.

(3)(i) Implementation specification: unemancipated minors. If under applicable law a parent, guardian, or other person acting in loco parentis has authority to act on behalf of an individual who is an unemancipated minor in making decisions related to health care, a covered entity must treat such person as a personal representative under this subchapter, with respect to protected health information relevant to such personal representation, except that such person may not be a personal representative of an unemancipated minor, and the minor has the authority to act as an individual, with respect to protected health information pertaining to a health care service, if:

(A) The minor consents to such health care service; no other consent to such health care service is required by law, regardless of whether the consent of another person has also been obtained; and the minor has not requested that such person be treated as the personal representative;

(B) The minor may lawfully obtain such health care service without the consent of a parent, guardian, or other person acting in loco parentis, and the minor, a court, or another person authorized by law consents to such health care service; or

(C) A parent, guardian, or other person acting in loco parentis assents to an agreement of confidentiality between a covered health care provider and the minor with respect to such health care service.

(ii) Notwithstanding the provisions of paragraph (g)(3)(i) of this section:

(A) If, and to the extent, permitted or required by an applicable provision of State or other law, including applicable case law, a covered entity may disclose, or provide access in accordance with § 164.524 to, protected health information about an unemancipated minor to a parent, guardian, or other person acting in loco parentis;

(B) If, and to the extent, prohibited by an applicable provision of State or other law, including applicable case law, a covered entity may not disclose, or provide access in accordance with § 164.524 to, protected health information about an unemancipated minor to a parent, guardian, or other person acting in loco parentis; and

(C) Where the parent, guardian, or other person acting in loco parentis, is not the personal representative under paragraphs (g)(3)(i)(A), (B), or (C) of this section and where there is no applicable access provision under State or other law, including case law, a covered entity may provide or deny access under § 164.524 to a parent, guardian, or other person acting in loco parentis, if such action is consistent with State or other applicable law, provided that such decision must be made by a licensed health care professional, in the exercise of professional judgment.

...

(5) Implementation specification: Abuse, neglect, endangerment situations. Notwithstanding a State law or any requirement of this paragraph to the contrary, a covered entity may elect not to treat a person as the personal representative of an individual if:

(i) The covered entity has a reasonable belief that:

(A) The individual has been or may be subjected to domestic violence, abuse, or neglect by such person; or

(B) Treating such person as the personal representative could endanger the individual; and

(ii) The covered entity, in the exercise of professional judgment, decides that it is not in the best interest of the individual to treat the person as the individual's personal representative.

(h) Standard: Confidential communications. A covered health care provider or health plan must comply with the applicable requirements of § 164.522(b) in communicating protected health information.

...”

45 C.F.R. § 164.522 Rights to request privacy protection for protected health information

“(a)(1) Standard: Right of an individual to request restriction of uses and disclosures. (i) A covered entity must permit an individual to request that the covered entity restrict:

(A) Uses or disclosures of protected health information about the individual to carry out treatment, payment, or health care operations; and

(B) Disclosures permitted under § 164.510(b).

(ii) Except as provided in paragraph (a)(1)(vi) of this section, a covered entity is not required to agree to a restriction.

(iii) A covered entity that agrees to a restriction under paragraph (a)(1)(i) of this section may not use or disclose protected health information in violation of such restriction, except that, if the individual who requested the restriction is in need of emergency treatment and the restricted protected health information is needed to provide the emergency treatment, the covered entity may use the restricted protected health information, or may disclose such information to a health care provider, to provide such treatment to the individual.

(iv) If restricted protected health information is disclosed to a health care provider for emergency treatment under paragraph (a)(1)(iii) of this section, the covered entity must request that such health care provider not further use or disclose the information.

(v) A restriction agreed to by a covered entity under paragraph (a) of this section, is not effective under this subpart to prevent uses or disclosures permitted or required under §§ 164.502(a)(2)(ii), 164.510(a) or 164.512.

(vi) A covered entity must agree to the request of an individual to restrict disclosure of protected health information about the individual to a health plan if:

(A) The disclosure is for the purpose of carrying out payment or health care operations and is not otherwise required by law; and

(B) The protected health information pertains solely to a health care item or service for which the individual, or person other than the health plan on behalf of the individual, has paid the covered entity in full.

(2) Implementation specifications: Terminating a restriction. A covered entity may terminate a restriction, if:

- (i) The individual agrees to or requests the termination in writing;
- (ii) The individual orally agrees to the termination and the oral agreement is documented; or
- (iii) The covered entity informs the individual that it is terminating its agreement to a restriction, except that such termination is:

(A) Not effective for protected health information restricted under paragraph (a)(1)(vi) of this section; and
(B) Only effective with respect to protected health information created or received after it has so informed the individual.

(3) Implementation specification: Documentation. A covered entity must document a restriction in accordance with § 160.530(j) of this subchapter.

(b)(1) Standard: Confidential communications requirements. (i) A covered health care provider must permit individuals to request and must accommodate reasonable requests by individuals to receive communications of protected health information from the covered health care provider by alternative means or at alternative locations.

(ii) A health plan must permit individuals to request and must accommodate reasonable requests by individuals to receive communications of protected health information from the health plan by alternative means or at alternative locations, if the individual clearly states that the disclosure of all or part of that information could endanger the individual.

(2) Implementation specifications: Conditions on providing confidential communications.

(i) A covered entity may require the individual to make a request for a confidential communication described in paragraph (b)(1) of this section in writing.

(ii) A covered entity may condition the provision of a reasonable accommodation on:

(A) When appropriate, information as to how payment, if any, will be handled; and

(B) Specification of an alternative address or other method of contact.

(iii) A covered health care provider may not require an explanation from the individual as to the basis for the request as a condition of providing communications on a confidential basis.

(iv) A health plan may require that a request contain a statement that disclosure of all or part of the information to which the request pertains could endanger the individual.”

Title X Family Planning Services

42 C.F.R. § 59.11 – Confidentiality

“All information as to personal facts and circumstances obtained by the project staff about individuals receiving services must be held confidential and must not be disclosed without the individual's documented consent, except as may be necessary to provide services to the patient or as required by law, with appropriate safeguards for confidentiality. Otherwise, information may be disclosed only in summary, statistical, or other form which does not identify particular individuals.”*

* On March 4, 2019 the U.S. Department of Health and Human Services published a final rule, “Compliance with Statutory Program Integrity Requirements,” that would significantly alter the federal regulations for the Title X Program.* This guide does not discuss the changes that would result from implementation of the new rule. Detailed analysis of the rule and updates on its status are available elsewhere. The new rule has been challenged in numerous lawsuits.

Medicaid

42 U.S.C. § 1396a(a)(7)

State Medicaid plans are required to provide “safeguards for confidentiality for information concerning applicants and recipients.” [Note: The section contains additional specific requirements and exceptions.]

42 U.S.C. § 1396d(a)(4)(C)

For purposes of the Medicaid program, this [title \[42 USCS §§ 1396 et seq.\]](#)--

“(a) Medical assistance. The term "medical assistance" means payment of part or all of the cost of the following care and services . . . (4) . . . (C) family planning services and supplies furnished (directly or under arrangements with others) to individuals of childbearing age (including minors who can be considered to be sexually active) who are eligible under the State plan and who desire such services and supplies[.]”

Drug & Alcohol Programs

42 C.F.R. § 2.14. Minor patients

“(a) State law not requiring parental consent to treatment. If a minor patient acting alone has the legal capacity under the applicable state law to apply for and obtain substance use disorder treatment, any written consent for disclosure authorized under subpart C of this part may be given only by the minor patient. This restriction includes, but is not limited to, any disclosure of patient identifying information to the parent or guardian of a minor patient for the purpose of obtaining financial reimbursement. These regulations do not prohibit a part 2 program from refusing to provide treatment until the minor patient consents to the disclosure necessary to obtain reimbursement, but refusal to provide treatment may be prohibited under a state or local law requiring the program to furnish the service irrespective of ability to pay.

(b) State law requiring parental consent to treatment.

(1) Where state law requires consent of a parent, guardian, or other individual for a minor to obtain treatment for a substance use disorder, any written consent for disclosure authorized under subpart C of this part must be given by both the minor and their parent, guardian, or other individual authorized under state law to act in the minor's behalf.

(2) Where state law requires parental consent to treatment, the fact of a minor's application for treatment may be communicated to the minor's parent, guardian, or other individual authorized under state law to act in the minor's behalf only if:

(i) The minor has given written consent to the disclosure in accordance with subpart C of this part; or

(ii) The minor lacks the capacity to make a rational choice regarding such consent as judged by the part 2 program director under paragraph (c) of this section.

(c) Minor applicant for services lacks capacity for rational choice. Facts relevant to reducing a substantial threat to the life or physical well-being of the minor applicant or any other individual may be disclosed to the parent, guardian, or other individual authorized under state law to act in the minor's behalf if the part 2 program director judges that:

(1) A minor applicant for services lacks capacity because of extreme youth or mental or physical condition to make a rational decision on whether to consent to a disclosure under subpart C of this part to their parent, guardian, or other individual authorized under state law to act in the minor's behalf; and

(2) The minor applicant's situation poses a substantial threat to the life or physical well-being of the minor applicant or any other individual which may be reduced by communicating relevant facts to the minor's parent, guardian, or other individual authorized under state law to act in the minor's behalf.”

APPENDIX C: KEY QUESTIONS FOR CONFIDENTIALITY PROTECTION

This appendix contains questions that are important to consider in order to determine whether an individual young person in New Hampshire can obtain a particular service confidentially. These questions are based on the New Hampshire and federal laws that establish consent requirements and confidentiality protections for adolescent and young adult health services. Depending on the specific situation additional considerations, and laws not discussed in this guide, may affect whether the young person may receive confidential services.

- Is the youth an adult or a minor?
 - Young adults are generally able to consent for their own care and are entitled to the same confidentiality protections as other adults.
 - Minor adolescents may be able to consent for their own care based their status or the services they are seeking; confidentiality protection may depend on whether they can consent for their own care, the specific service they receive, where they receive the service, and the source of the payment.

- If the young person is a minor, what service is the young person seeking?
 - Emergency services
 - Contraception
 - Pregnancy care
 - STD services
 - HIV/AIDS services
 - Mental health services
 - Substance use/abuse services
 - Immunizations

- Where is the service being provided?
 - General medical office, health center, or hospital outpatient clinic
 - Title X family planning health center
 - Substance use disorder treatment program

- What is the source of the payment?
 - Private/commercial health insurance
 - Self-pay
 - Parent payment
 - Medicaid
 - Title X Family Planning Program
 - New Hampshire state funding
 - Other

APPENDIX D: LEGAL RESOURCES FOR ADOLESCENT & YOUNG ADULT HEALTH & THE LAW IN NEW HAMPSHIRE

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APPENDIX E: RESOURCES ON CONFIDENTIALITY, HEALTH INSURANCE, AND ELECTRONIC HEALTH RECORDS

Confidentiality & Insurance

Extensive resources on confidentiality and insurance were developed by the National Family Planning & Reproductive Health Association as part of a three-year research project, Confidential & Covered. These resources are available on the project's website at <https://www.confidentialandcovered.com/>. The following publications on that website specifically address legal and policy issues related to confidentiality and insurance:

English A, Summers R, Lewis J, Coleman C. Confidentiality, Third-Party Billing, & the Health Insurance Claims Process: Implications for Title X (2015)

English A, Mulligan A, Coleman C. Protecting Patients' Privacy in Health Insurance Billing & Claims: An Illinois Profile (2017) [Note: Similar profiles were published for 5 other states studied as part of the Confidential & Covered project: Maryland and Oregon in 2017; California, Colorado, and Washington in 2016]

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Confidentiality & Electronic Health Records

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APPENDIX F: CONSENT FOR CONTRACEPTION & PREGNANCY CARE

New Hampshire does not have an explicit law authorizing minors to consent for contraception or pregnancy related care such as prenatal care, delivery, and postnatal care. However, no New Hampshire statute, regulation, or court decision specifically prohibits a minor from consenting to these services or explicitly requires parental consent when minors receive these services. In the absence of such a law, it would be reasonable to conclude that minors who have the capacity to give informed consent may receive contraceptive services and pregnancy related care based on their own consent. New Hampshire law does require notification of one parent for a minor to receive an abortion, but the law includes a waiver allowing for a judicial bypass and an emergency exception.⁷⁶

The federal Title X Family Planning Program requires that family planning services, including contraceptive services, be offered to adolescents; family participation must be encouraged but is not required.⁷⁷ Title X funded services, including services for adolescents, must be confidential.⁷⁸

Federal Medicaid law contains safeguards against disclosure of confidential information.⁷⁹ It also requires that Medicaid cover family planning “services and supplies” for all Medicaid enrollees of childbearing age, including “minors who can be considered to be sexually active.”⁸⁰ These protections have been interpreted to provide significant protection for confidential access to family planning services for minors.⁸¹

An additional source of possible support for allowing minors to consent for contraceptive services and pregnancy related care is the “mature minor” doctrine. The mature minor doctrine was developed in court decisions and is part of the common law. Under the mature minor doctrine, courts in some states have determined that a medical practitioner should not be held liable solely on the basis of failure to obtain parental consent when non-negligent care that is not high risk, is within the mainstream of established medical opinion, and is for the minor’s benefit, is provided to a mature minor.⁸² A mature minor is generally considered to be an older adolescent who is capable of giving informed consent (i.e., the patient is able to understand the risks and benefits of any proposed treatment or procedure and its alternatives and is able to make a voluntary choice among the alternatives). In New Hampshire, a state law that authorizes minors to consent for treatment related to drug use or dependency also contains the following language: “Nothing contained herein shall be construed to mean that any minor of sound mind is legally incapable of consenting to medical treatment provided that such minor is of sufficient maturity to understand the nature of such treatment and the consequences thereof.”⁸³ Lawyers, psychologists, and physicians do not always agree about the validity and application of the mature minor doctrine. Nevertheless, a strong rationale has been articulated that recognition of a mature minor’s capacity to make medical decisions is consistent with research on adolescent development.⁸⁴

The constitutional right of privacy also supports minors’ access to contraceptive services. The right of privacy protects the decision to use contraceptives by both married and unmarried individuals;⁸⁵ and the right of privacy with respect to decisions about procreation has been extended to minors as well as adults.⁸⁶ In *Carey v. Population Services International*, the U.S. Supreme Court recognized that minors’ constitutional right of privacy encompasses access to contraceptives.⁸⁷ In other cases, federal courts have held that minors have constitutional privacy interests⁸⁸ and that providing contraception information and services to minor children does not violate the rights of their parents.⁸⁹

APPENDIX G: 25 YEARS OF AYAH CONFIDENTIALITY STUDIES—A BIBLIOGRAPHY

This appendix lists selected articles from the past 25 years that form an important part of the evidence base of research findings supporting confidentiality in adolescent and young adult health care.*

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⁸⁰ 42 U.S.C. § 1396d(a)(4)(C).

⁸¹ E.g., *Doe v. Pickett*, 480 F. Supp. 1218 (S.D.W.Va. 1979); *Planned Parenthood Association v. Matheson*, 582 F. Supp. 1001 (D.C. Utah 1983); *County of St. Charles v. Missouri Family Health Council*, 107 F.3d 682 (8th Cir. 1997), rehearing denied (8th Cir. 1997), cert. denied 522 U.S. 859 (1997).

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Center for
Adolescent Health
& the Law

Adolescent
& Young Adult
Health
National Resource Center

HB 1345 - AS INTRODUCED

2022 SESSION

22-2593

05/10

HOUSE BILL **1345**

AN ACT relative to the release of a teenager's medical records to a parent or guardian.

SPONSORS: Rep. Gay, Rock. 8; Rep. Renzullo, Hills. 37; Rep. M. Pearson, Rock. 34; Rep. Wuelper, Straf. 3; Rep. Bernardy, Rock. 16; Rep. Greeson, Graf. 16; Rep. Layon, Rock. 6; Rep. Homola, Hills. 27; Rep. Kofalt, Hills. 4; Rep. Rung, Hills. 21; Sen. Gannon, Dist 23

COMMITTEE: Health, Human Services and Elderly Affairs

ANALYSIS

This bill provides for the release of a minor's medical records to the parent or guardian unless the parent or guardian's consent is not required for the medical treatment or the health care provider reasonably believes that there is possibility of abuse and release of the record may endanger the minor.

Explanation: Matter added to current law appears in ***bold italics***.
Matter removed from current law appears [~~in brackets and struckthrough.~~]
Matter which is either (a) all new or (b) repealed and reenacted appears in regular type.

STATE OF NEW HAMPSHIRE

In the Year of Our Lord Two Thousand Twenty Two

AN ACT relative to the release of a teenager's medical records to a parent or guardian.

Be it Enacted by the Senate and House of Representatives in General Court convened:

1 1 New Section; Release of a Minor's Medical Records to a Parent or Guardian. Amend RSA 332-
2 I by inserting after section 4 the following new section:

3 332-I:4-a Release of a Minor's Medical Records to a Parent or Guardian. A minor's parent or
4 legal guardian shall have access to a minor's medical record unless:

5 I. Consent from the parent or legal guardian is not required for the minor to receive the
6 medical care or treatment, as provided in RSA 141-C:18, II. In such cases, the minor may provide
7 specific, written consent for release of the medical records to the parent or legal guardian.

8 II. The health care provider reasonably believes, in his or her professional judgment, that
9 the child has been or may be subjected to domestic violence, abuse or neglect, and that release of the
10 medical records to the parent or guardian could endanger the child.

11 2 Effective Date. This act shall take effect 60 days after its passage.